

# LA PASSEGGIATA

*Weekly newsletter brought to you by the Italian Club Board*

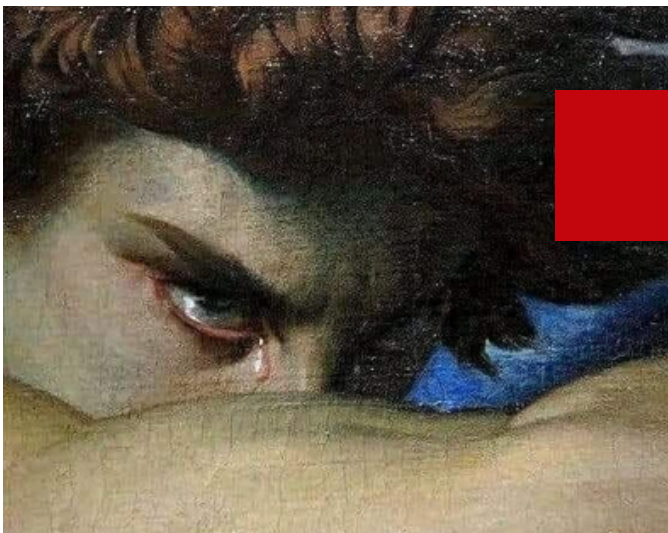


## LA FRASE

"In boca al lupo" is a phrase often repeated before big exams. Translated literally as "In the mouth of the wolf", it means good luck! The correct response? "Crepi il lupo", or "May the wolf die". Some believe the phrase comes from the myth of Romulus and Remus

## SE HAI 21 ANNI...

Another wine from the Trentino region, *Mezzacorona's* Pino Grigio Trentino 2019 is a dry and fruity wine available at Wegmans for under \$10!



## LA CANZONE

Mahmood's "Barrio" might not be the song he's known for - "Soldi" got him second place in the Eurovision Song Contest 2019 - but it in no way is inferior. Mahmood's sound is unique, the mixture of his background sound and his lyrics create something special not easily found in many artists.



# PESTO

Pesto is a beautifully simple but complex-tasting sauce that can be combined with many different types of pasta, and requires only a few ingredients. While true and authentic pesto requires a marble mortar and pestle and a strong arm to mash the ingredients into the paste, we won't require that from you (unless you want to!). All it requires is salt, pine nuts, garlic, basil, and olive oil. There's no cooking involved in making this sauce!

## PARTE I

Pesto isn't a difficult dish to make. Start by peeling and chopping the garlic (or using a garlic press). Chop the basil and, if you want a little extra salt, grate some *parmesigiano reggiano*.



## PARTE II

Add all ingredients to the food processor (make sure the blades are cold!) and blend until the sauce is smooth. Mix the pesto in with the pasta, top with *parmesigiano reggiano*, and enjoy!





# VERONA

The site of two of Shakespeare's plays (*Two Gentlemen of Verona* and *Romeo and Juliet*), Verona is a city steeped in history. While the city is visited by three million people a year, it's also an attraction for those who wish to get away of the hustle and bustle of other northern cities like Venice or Milan. The city also receives a countless amount of letters addressed to "Juliet" from thousands of people hoping to receive good luck in love. There's no harm in trying!

## *CASA DI GIULIETTA*

While the original owners of *Casa di Giulietta* were called the Dal Cappello, not the Capuleti, it bears a striking resemblance to the iconic balcony from one of Shakespeare's most famous tragedies. The *Casa di Giulietta* is one of Verona's most visited tourist attractions.



## *ARENA DI VERONA*

Built in 50 CE, the *Arena di Verona* is a Roman structure still in use today! Back when it was first built, the arena was used for *ludi*, or games, while today it's used as an opera venue. In 2026, the arena will be the site of the closing ceremony of the Winter Olympics in Milan.



## THE SUNKEN CHURCH

The Sunken Church is one of many landmarks of Trentino-Alto Adige. It resides in a the man-made Lake Resia (Italian: *Lago di Resia*, German: *Reschensee*). A place steeped in history and ghosts, you can walk over to the church in the winter when the lake freezes over. Some say the bells still toll, even though they were removed before the village of Graun (*Curon*, in Italian) was submerged under water.

## LA STORIA I

In 1939, the energy company began to plan the deliberate obliteration of the town of Graun to make it easier to generate electricity to the area by combining two separate lakes.



## LA STORIA II

Even though the residents protested to keep their village from being destroyed, the project went through in 1950 after World War II was over. Now the remnants of the village lie beneath the lake, thousands of years of history lost to modern advances